



Easy Shepherd's Pie Four Servings

Ingredients:

- 94341 Two lbs., One Kilogram, ground round beef
52373 1 large onion chopped
53024 (includes green beans) OR
52601 canned peas AND
53337 peas & carrots
1/2 cups vegetables - chopped carrots, corn, peas.
59169 2 lbs. potatoes (3 big ones)
54869 4 tablespoons cooking oil
55880 1/2 cup beef broth
1404 1 teaspoon Worcestershire sauce
53048 Salt,
93848 pepper
 other seasonings of choice.



Method:

1. Peel and quarter potatoes, boil in salted water until tender (20 minutes).
2. While the potatoes are cooking, place oil in pan.
3. Sauté onions and garlic in oil until tender over medium heat (10 minutes).
Cook onions and garlic without colour, let them sweat, should be translucent: If you are adding vegetables, add them according to cooking time. Put any carrots in with the onions. Add corn or peas either at the end of the cooking of the onions, or after the meat has initially cooked.

4. Add ground beef and sauté until no longer pink. Add salt and pepper. Add Worcestershire sauce. Add half a cup of beef broth and cook, uncovered, over low heat for 10 minutes, adding more beef broth as necessary to keep moist.
5. Mash potatoes
6. Place beef and onions in baking dish. Distribute mashed potatoes on top. Rough up with a fork so that there are peaks that will brown nicely. You can use the fork to make some designs in the potatoes as well.
7. Cook in 400 degree oven until bubbling and brown (about 30 minutes). Broil for last few minutes if necessary to brown.

Equipment:



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